



## Anti Wrinkle After care

- **Keep your head upright for 6 hours post treatment to avoid the product moving.**
- **Sleep on your back that evening in bed not on your side as the product may move**
- **Drink plenty of water 2 litres or more for the first 21 days at least**
- **No alcohol for the first 48 hours, and no excessive alcohol for the first 21 days**
- **No saunas for 3-4 days post treatment**
- **No exercise 24 hours post treatment**
- **No sunbeds during the first 2 weeks**
- **Do not touch the areas for 6 hours post treatment**
- **No facial treatments or massages for the first week, chemical peels and microneedling must be performed at least 3 weeks post treatment**

This treatment takes a full 3 weeks to take effect, during this time some area's may work faster than others. Please be patient and wait for the final results on day 22.

When enhancing your body there will always be a risk of side effects. The most common from anti wrinkle injections being; Bruising, and one area working faster than another due to muscle strength and sleeping position. For any other serious complications, you must be seen by a licensed doctor immediately. When safe to do so please inform Pinkies so we can examine as soon as reasonably possible.

*At Pinkies we are here for you throughout the whole process of your treatment, before, during and after, so any questions or concerns you may have please notify us so we can advise further.*

Note: Top ups must be done 3 and weeks after initial treatment.

Contact 01363 894041