



Gel polish aftercare

After your gel polish treatment, you should:

- Avoid picking / biting the gel polish
- Always wear gloves when doing gardening / cleaning or washing up
- Apply cuticle oil daily to nourish the cuticle and new nail growing through
- Avoid using them to open / get between items
- Avoid products with solvent oils in as they can cause discolouration to the gel
- To avoid colour fading wash off any chlorine after swimming

Call on 01363 894041 or email on pinkiescrediton@gmail.com if you have any issues