



Acrylic-Hard gel aftercare

After your nail treatment, you should:

- Be gentle with them for the first 24-48 hours to allow them to set
- Wear gloves when washing up, gardening or during any house work
- Don't bite or pick at the acrylic or hard gel nail
- Use non acetone if changing the colour of the polish (regular polish only)
- Try to use a cuticle oil daily as this will keep not only the cuticle moisturised but will also nourish the new nail growing through
- Aim for 2-3 week maintenance so they don't get too long as this could put more pressure on the tip of the nail and cause breaking/splits in the nail
- If any lifting occurs come to see your nail tech as to avoid getting any water or moisture under the lifted nail
- Avoid using your nails as tools as this could damage both the acrylic or hard gel and natural nail

Call on 01363 894041 or email on pinkiescrediton@gmail.com if you have any issues