



## Chemical Peel Aftercare

After your Chemical treatment, you should:

- Use cool compresses to soothe minor irritation.
- Gently wash your face twice a day for the first day or two after your chemical peel.
- Use a non - irritating moisturiser to keep your face from drying.
- Avoid over moisturising, which will prohibit the damaged skin from flaking properly.
- Avoid sun exposure for two weeks after your chemical peel, after that, you should use a SPF 50 sunscreen. Not only can sunscreen protect your skin from sun damage, but it can also prevent changes in the pigmentation of the skin.
- Refrain from using any topical medications that could irritate your skin.
- Do NOT peel away flaking skin, as this can cause infection and even permanent scarring.