



## Eyelash extension aftercare

After your eyelash treatment, you should:

- Not get them wet for 48 hours (including water, steam and any moisture) as the first 48 hours allows the glue to settle fully
- Avoid sleeping on them (sides and front) to make sure they aren't being pulled out or twisted
- Remove any make up with an oil free remover
- Cleanse them once a week with an oil free eyelash cleanser
- Brush them once daily to brush out any loose ones
- Insure to dry them gently and brush them if they get wet so they don't dry clumped together
- Avoid using oil based products on them as the oil can break down bonds in the glue and cause some to come out
- It's natural to lose between 1-5 natural lashes a day
- Spring and Autumn tend to be big lash shedding times due to the temperature change - it's nothing to worry about
- Don't pick / pull eyelashes out as this can damage your natural lashes
- Avoid rubbing and touching the treatment area
- Don't use lash curlers or get them permed
- Avoid waterproof mascara if using any

Call on 01363 894041 or email on [pinkiescrediton@gmail.com](mailto:pinkiescrediton@gmail.com) if you have any issues